

Brackley Squash Club Junior Section



Welcome to Brackley Squash Club Junior section. This document tells you about what we do and who we are.

Our mission is to support the children to be the best they can in a supportive and friendly environment.

We started about 3 years ago and have built up to between 20-30 juniors. We run 4 classes on a Saturday morning ranging from starters to experienced and one on a Friday evening for the more experienced juniors. Ages from 4 – 18.

Unusually we have a lot of girls in the juniors, just over half. We try to make training fun but challenging and we follow a scheme devised by Nottinghamshire which progresses juniors from basic hand eye skills to advanced squash skills. Children can earn certificates for each level they progress and they will always know what their next steps are.



We also have fun, be that warming up, practicing or playing in tournaments. We are lucky to be part of the Northants Junior set up which is really going places having built from scratch over the last few years. We run 6 ability graded tournaments a year where all the clubs in the region get together to play. This really hones their skills and gives them a chance to improve. 6 times a year we run county coaching which is open to all ages and abilities.

Some of the children have started playing England Squash tournaments which are age and ability related, they start at Copper then Bronze, Silver and Gold. At each tournament you gain ranking points and some of the girls are in the 100 juniors in England.



We currently have 3 qualified coaches which will soon be 6. We use our more experienced juniors to coach the beginners. We also support GCSE and A level PE as well as DoE. In fact we have a superb junior who takes the first beginner class as part of her DoE.



Classes are as follows:-

10:10 – 10:45 – under 8s starter class

10:45 – 11:30 – beginners

11:30 – 12:30 – experienced juniors

12:30 – 13:30 – intermediates

All you need for a taster is some non marking court shoes, we have the rest.

If you would your child like to join us or have a go then let me know at coaching@brackleysquash.co.uk or give me a call on 07877 978445.

Fees are £6 a month which includes England Squash membership and a Brackley Squash shirt with their name on it.



Martin Hall

Head Brackley Coach

PS we also run a ladies class on a Friday 7-8.